

MONTCLAIR PUBLIC LIBRARY ADULT SCHOOL

Summer 2018

Registration starts Monday, June 25
Online • In Person • By Phone

Classes start Monday, July 9

973-744-0500 x2224

www.adultschool.org

ARTS & CRAFTS



Block Printing **NEW**

Aug 1 Wed 6:30-8:30pm 1 session
Yana Rodin MPL-Main \$25
materials fee \$25 due upon registration

Crochet for Beginners

Jul 9-Jul 30 Mon 7-8:30pm 4 sessions
Patricia Way MPL-Main \$59
materials fee purchased by student approx. \$15

*Decorative Garment Stitching (in the style of Alabama Chainin) **NEW**

Jul 18 Wed 10:30am-12:30pm 1 session
Paige Sato MPL-Main \$25
materials fee \$12.50 due upon registration

*Jewelry Bootcamp

Jul 23-Jul 27 Mon,Wed,Fri 1-3pm 3 sessions
Frances Phillips MPL-Main \$59
materials purchased by student approx. \$35



*Jewelry: Metal Stamping

Jul 9 Mon 10:30am-12pm 1 session
Janet Setter MPL-Main \$25
materials fee \$20 due upon registration

*Knitting for Beginners

Jul 9-Jul 30 Mon 4-5:30pm 4 sessions
Patricia Way MPL-Main \$59
materials purchased by student approx. \$15

Metal Art/Welding

Jul 10-Jul 31 Tue 7-9pm 4 sessions
Mike Barouch Montclair High School \$119
materials fee of \$20 is payable to the instructor

Mosaic Birdhouse **NEW**

Jul 19 Thu 6-9pm 1 session
Eleanor Congregation \$35
Parr-DiLeo Shomrei Emunah
materials fee \$15 due upon registration

*Photography Basics: Nature & Landscape **NEW**

Jul 14-Aug 4 Sat 10am-12pm 4 sessions
Dreux Sawyer Brookdale Park-Lower Lot \$79

*Sketching in the Garden (Outdoor)

Jul 18-Aug 8 Wed 10am-12pm 4 sessions
Heidi Sandecki Avis Campbell Gardens \$79
fee \$5 due upon registration
materials purchased by student approx. \$30



Drawing Botanicals with Watercolor Pencils **NEW**

Jul 11-Aug 1 Wed 6:30-8:30pm 4 sessions
Heidi Sandecki Congregation \$79
Shomrei Emunah
materials purchased by student approx. \$90

BOOKS, FILMS & THEATER

Film Club

Jul 11-Aug 8 Wed 7-8:30pm 3 sessions
Margot Cochran Congregation \$39
Shomrei Emunah
Class meets Jul 11, Jul 25 & Aug 8

LECTURES/HISTORY & CULTURE

Giacometti **NEW**

Jul 17 Tue 7-8:30pm 1 session
Margret Rothman MPL-Main \$20

TRIPS & OUTINGS

Meadowlands Discovery Sunset Eco-Cruise

Jul 26 Thu 6-8pm 1 session
Hackensack River Barge Park \$39
Riverkeeper

CAREER DEVELOPMENT

Job Search Strategy

Jul 25 Wed 6:30-8:30pm 1 session
Jennifer Rodgers MPL-Main \$25
Andrea Garrido

LinkedIn: Basics

Jul 9-Jul 16 Mon 6:30-8:30pm 2 sessions
Lauren Markon MPL-Main \$59

Resume Development

Jul 11 Wed 6:30-8:30pm 1 session
Jennifer Rodgers MPL-Main \$25
Andrea Garrido

COMPUTERS & TECHNOLOGY

Microsoft Excel 2016: Level 1

Jul 10-Jul 24 Tue 6:30-8:30pm 3 sessions
Becky Pataki MPL-Main \$109

Microsoft PowerPoint 2016: An Introduction

Jul 12-Jul 26 Thu 6:30-8:30pm 3 sessions
Becky Pataki MPL-Main \$109

Microsoft Word 2016: Level 1

Jul 11-Jul 25 Wed 6:30-8:30pm 3 sessions
Anthony Keys MPL-Main \$109

HEALTH & WELLNESS

*Pranayama Breathing Techniques for Enhancement of your Meditation Practice

Jul 27-Aug 3 Fri 10:30am-12pm 2 sessions
Leslie Keough MPL-Main \$35



Raw Food for Busy People **NEW**

Jul 24 Tue 6:30-8:30pm 1 session
Karen Ranzi MPL-Main \$20

*Sound Meditation with Singing Bowls: Being Called to the Sacred Within **NEW**

Jul 13-Jul 20 Fri 10:30am-12pm 2 sessions
Jessica Morris MPL-Main \$35

* Daytime classes

Classes held at either branch of the Montclair Public Library are in blue and tuition-free to Montclair members.



Montclair residents may become members before they register for classes by calling the Adult School office. Members will be charged a once per calendar year membership fee of \$25 in 2018 to help defray program costs. Montclair members may attend classes tuition free when they take place in either the Main or Bellevue Libraries. **Membership is activated by calling the office to pay the \$25 membership fee.**
Registration: Online • In person • By phone

HOME & GARDEN

*Best Practices for Your Organic Vegetable Garden: Feeding, Treating and Harvesting

Jul 9	Thu 9-11am	1 session	
Claudia Kolster	Presby Iris Garden-Teaching Garden		\$25

Intro to Gardening

Jul 10	Tue 6:30-8:30pm	1 session	
Fred Solomine	MPL-Main		\$25



*The Container Vegetable Garden and Drip Irrigation Practical Workshop

Jul 12	Thu 9-11am	1 session	
Carol Krieger	Presby Iris Garden-Teaching Garden		\$25

materials fee \$15 due upon registration

Design Basics: Using Color in a Room: Paint, Furniture, Furnishings, Accent Pieces, Pillows

Jul 19	Thu 6:30-8:30pm	1 session	
Marcie Cooperman	MPL Main		\$25

MUSIC

Joy of Singing I

Jul 9-Jul 30	Mon 6:30-8:30pm	4 sessions	
Patrizia Cioffi	Congregation Shomrei Emunah		\$89

text purchased by student approx. \$13

* Daytime classes

LANGUAGE

American Sign Language: Beginners

Jul 9-Jul 30	Mon 5:30-6:30pm	4 sessions	
Belle Hsu	MPL-Main		\$49

American Sign Language: Intermediate/Advanced

Jul 9-Jul 30	Mon 6:30-7:30pm	4 sessions	
Belle Hsu	MPL-Main		\$59

Prerequisite: Completion of Beginners Class

*La France... en francais!!!

Jul 16-Aug 6	Mon 1:30-3pm	4 sessions	
Pierre Fabian	MPL-Main		\$79

Prerequisite: Students must be fluent in French

FITNESS

*Qigong

Jul 9-Aug 13	Mon 11:15am-12:15pm	6 sessions	
Miriam Shankman	Congregation Shomrei Emunah		\$89

*Restorative Yoga NEW

Jul 15-Aug 5	Sun 4-5pm	4 sessions	
Meredith Pressler	Verona Yoga		\$65

*T'ai Chi Chih: All Levels

Jul 11-Aug 15	Wed 9:30-10:45am	6 sessions	
Bill Walton	New Jersey Center for Healthy Living		\$79

*Yoga for Older Adults-Basics

Jul 17-Aug 14	Tue 11:15am-12:30pm	5 sessions	
Jean Lyons	New Jersey Center for Healthy Living		\$89

*Yoga for Older Adults-Continuing

Jul 18-Aug 15	Wed 11:30am-12:45pm	5 sessions	
Jean Lyons	New Jersey Center for Healthy Living		\$89

Yoga 101: Absolute Beginner Workshop NEW

Jul 11-Aug 1	Wed 7:30-8:30pm	4 sessions	
Avie Bertaccini	Verona Yoga		\$65

*Yoga: Hatha

Jul 10-Aug 7	Tue 9:30-10:45am	5 sessions	
Roseann Shaiman	Unitarian Universalist Congregation		\$89

DANCE

Belly Dancing NEW

Jul 12-Aug 2	Thu 7:30-8:30pm	4 sessions	
Janet Volpi	Verona Yoga		\$65

PERSONAL GROWTH

Compassion: Creating More Peace and Acceptance in Your Life NEW

Jul 10-Jul 17	Tue 6:30-8:30pm	2 sessions	
Lisa Sargese	MPL-Main		\$39

Finding Your Passion

Jul 31	Tue 6:30-8:30pm	1 session	
Diane Lang	MPL-Main		\$25

Mindfully Happy

Jul 18	Wed 6:30-8:30pm	1 session	
Diane Lang	MPL-Main		\$25



Tarot, An Introduction

Jul 18-Jul 25	Wed 7-9pm	2 sessions	
Steffanie Black	MPL-Main		\$39

RETIREMENT

Retirement & Change - Having a Plan B

Jul 23	Mon 6:30-8:30pm	1 session	
Laurel Bernstein	MPL-Main		\$25

WRITING

*Found Poetry NEW

Jul 12-Jul 19	Thu 10:30am-12:30pm	2 sessions	
Tara Moyle	MPL-Main		\$39

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ON THE MPL PLAZA

All events are free and open to the public. All ages welcome. No registration required.

Indigenous Spirituality: An Evening of Native American Stories & Drumming

Jul 12 Thu 7pm

Songs from and for the Earth: An evening of indigenous songs, their meanings, and stories. Michael Lees will sing songs he was taught by his elders, brothers, and sisters and share how these songs teach us about being human. Through the songs we will also explore our deep relatedness to one another, our relatives in the natural world, and the Earth.



* Mariachi Oro de Mexico

Jul 14 Sat 12pm

Come enjoy a traditional acoustic street performance by Mariachi Oro de Mexico. They'll perform timeless classics from Mexico's infinite catalog of folkloric music.

Coco

Jul 27 Fri 7:30pm (Rain date Jul 28)
 Film begins at dusk

Young Miguel, who dreams of becoming a great musician one day, embarks on a wondrous journey to the beyond and discovers the shocking truth behind his ancestor's stories and traditions. Steeped in the rich and many-faceted lore of Mexico's grand culture, Coco is a beautiful work that is not to be missed!

In collaboration with **MONTCLAIR FILM**

