### Fall 2019

**Registration starts Monday, August 26**

**Online • In Person • By Phone**

**Classes start Monday, September 16**

To Register: 973-744-0500 x2224 • www.adultschool.org

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#### CULINARY ARTS

*Enjoy a 4 course farm to table, cooking and dining class with the Montclair Culinary Academy. All classes are BYOB but sparkling water is provided. Grab a friend for an evening of cooking and camaraderie! All costs included in the tuition.*

**Classical French Cooking—The Art of the Paris Bistro NEW**
- **Oct 24** Thu 6-9pm 1 session
  - Karan Fischer Montclair Culinary Academy $119

**The Art of Thai Cooking: Flavors of Thailand NEW**
- **Nov 3** Sun 10am–1pm 1 session
  - Karan Fischer Montclair Culinary Academy $119

**WINE TASTING: The Fantastic World of Italian Wines with Sommelier Sharon Sevrens**
- **Oct 16** Wed 6:30–8pm 1 session
  - Sharon Sevrens Amanti Vino $29

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#### ARTS & CRAFTS

*Daytime classes* Classes held at either branch of the Montclair Public Library are in blue and are 50% off tuition to Montclair residents.

**Holiday Card Collage NEW**
- **Oct 25 – Nov 15** Fri 10:30am-12:30pm 4 sessions
  - Laura Shabazz MPL–Main $80
  - materials fee of $40 due upon registration

**Make the Most of Your iPhone Photography**
- **Oct 22** Tue 7-9pm 1 session
  - Joanna Madloch MPL–Bellevue Branch $35

**Advanced Techniques in iPhone Photography: The Apps**
- **Oct 29** Tue 7-9pm 1 session
  - Joanna Madloch MPL–Bellevue Branch $35

**Calligraphy for Beginners**
- **Sep 25 – Oct 23** Wed 7-8:30pm 4 sessions
  - Brienne Kvetkus No class Oct 9
  - MPL–Bellevue Branch $70
  - materials purchased by student approx $40

**Candle Making 101: Fall Comfort Candles NEW**
- **Oct 7** Mon 6:30-8:30pm 1 session
  - Corin Wright MPL–Main $35
  - materials fee of $10 due upon registration

**Color Theory for Creatives**
- **Nov 5 – Nov 19** Tue 10-12pm 5 sessions
  - Patricia Way MPL–Main $35
  - materials fee of $20 due upon registration

**Crochet for Beginners**
- **Sep 17 – Oct 22** Tue 10:30am-12pm 5 sessions
  - Patricia Way MPL–Main $89
  - materials purchased by student approx $15

**Tunisian Crochet NEW**
- **Oct 29 – Nov 19** Tue 10:30am-12pm 4 sessions
  - Patricia Way MPL–Main $79
  - materials purchased by student approx $15
  - Prerequisite: Students must be proficient at crochet concepts

**Embroidery Basics for All!**
- **Oct 23** Wed 10:30am-12:30pm 1 session
  - Paige Sato MPL–Main $35
  - materials fee of $30 due upon registration

**Advanced Embroidery NEW**
- **Nov 7** Thu 10:30am-12:30pm 1 session
  - Paige Sato MPL–Main $35
  - materials fee of $10 due upon registration

**Handbuilt Traditional Acoma Inspired Pottery —Beginners**
- **Oct 15 – Nov 19** Tue 7-9pm 6 sessions
  - Angela Yanette Montclair High School $189
  - materials fee of $20 due upon registration

**Intro to Paper cutting NEW**
- **Nov 12** Tue 10:30am-1:30pm 1 session
  - Jerise Fogel MPL–Main $35
  - materials purchased by student approx $10

**Knitting for Beginners**
- **Sep 17 – Oct 22** Tue 1-2:30pm 5 sessions
  - Patricia Way MPL–Main $89
  - materials purchased by student approx $15
  - No class Oct 1

**Intro to Brioche Knitting NEW**
- **Oct 29 – Nov 9** Tue 1-2:30pm 4 sessions
  - Patricia Way MPL–Main $79
  - materials purchased by student approx $20
  - Prerequisite: Students must be proficient at knitting

**Painting & Ink Drawing NEW**
- **Oct 17 – Nov 21** Thu 12:30-2:30pm 6 sessions
  - Heidi Sandecki Congregation Shomrei Emunah $135
  - materials fee of $22 payable to instructor
  - Prerequisite: experience with foundational drawing techniques

**Perspective Drawing NEW**
- **Nov 4** Mon 6:30–8:30pm 1 session
  - Renee MPL–Main $35
  - materials purchased by student approx $25 due upon registration

**Watercolors: Still Life**
- **Oct 17 – Nov 21** Thu 10am-12pm 6 sessions
  - Heidi Sandecki Congregation Shomrei Emunah $135
  - materials purchased by student approx $90

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Please join us as we read and discuss *The Coming of Daniel Black*. We will use this historical fiction novel as our point of departure for these important conversations about 400 years of oppression beginning at Jamestown in 1620.

Copies are available at MPL–Main Circulation Desk after Tuesday, Sep 3.

- **Oct 2** Wed 7-8:30pm 1 session
  - MPL Staff MPL–Main no fee
  - Register at: montclairlibrary.org/400readeve

**Betye Saar and the Black Arts Movement NEW**
- **Oct 14** Mon 7-9pm 1 session
  - Onnie Strother MPL–Main $20

**The Civil War Era & Reconstruction**
- **Oct 29** Tue 7-9pm 1 session
  - Eugene Lieber MPL–Main $20

**Plea Bargaining & the Problem of Innocence NEW**
- **Nov 4** Mon 7-8:30pm 1 session
  - Tarika MPL–Main no fee
  - Daftry-Kapur

**Machine Sewing for Beginners**
- **Nov 7 – Nov 21** Thu 7-9pm 3 sessions
  - Paige Sato ModernMaker Studio $109
  - materials fee of $75 due upon registration includes all materials needed for 3 projects. Machines are provided for students

**Metal Art/Welding**
- **Oct 15 – Nov 19** Tue 7-9pm 6 sessions
  - Mike Barouch Montclair High School $189
  - materials fee of $30 payable to instructor

**Pastels: Independent Study—All levels**
- **Oct 7 – Nov 18** Mon 10:30am-1pm 6 sessions
  - Michal Barkai MPL–Main $179
  - No class Oct 14

**Problem of Innocence NEW**
- **Dec 5** Thu 7-9pm 1 session
  - Brienne Kvetkus MPL–Bellevue Branch $90
  - materials purchased by student approx $50

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**Onnie Strother** MPL–Main no fee

**Register at: montclairlibrary.org/400readayy**

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**400 YEARS OF INEQUALITY Community Read-Book Discussion**

Please join us as we read and discuss *The Coming of Daniel Black*. We will use this historical fiction novel as our point of departure for these important conversations about 400 years of oppression beginning at Jamestown in 1620.

Copies are available at MPL–Main Circulation Desk after Tuesday, Sep 3.

- **Oct 2** Wed 7-8:30pm 1 session
  - MPL Staff MPL–Main no fee
  - Register at: montclairlibrary.org/400readayy

**Betye Saar and the Black Arts Movement NEW**
- **Oct 14** Mon 7-9pm 1 session
  - Onnie Strother MPL–Main $20

**The Civil War Era & Reconstruction**
- **Oct 29** Tue 7-9pm 1 session
  - Eugene Lieber MPL–Main $20

**Plea Bargaining & the Problem of Innocence NEW**
- **Nov 4** Mon 7-8:30pm 1 session
  - Tarika MPL–Main no fee
  - Daftry-Kapur

**Machine Sewing for Beginners**
- **Nov 7 – Nov 21** Thu 7-9pm 3 sessions
  - Paige Sato ModernMaker Studio $109
  - materials fee of $75 due upon registration includes all materials needed for 3 projects. Machines are provided for students

**Metal Art/Welding**
- **Oct 15 – Nov 19** Tue 7-9pm 6 sessions
  - Mike Barouch Montclair High School $189
  - materials fee of $30 payable to instructor

**Pastels: Independent Study—All levels**
- **Oct 7 – Nov 18** Mon 10:30am-1pm 6 sessions
  - Michal Barkai MPL–Main $179
  - No class Oct 14

**Pen & Ink Drawing NEW**
- **Oct 17 – Nov 21** Thu 12:30-2:30pm 6 sessions
  - Heidi Sandecki Congregation Shomrei Emunah $135
  - materials fee of $22 payable to instructor
  - Prerequisite: experience with foundational drawing techniques

**Perspective Drawing NEW**
- **Nov 6 – Dec 4** Wed 7-8:30pm 4 sessions
  - Brienne Kvetkus MPL–Bellevue Branch $90
  - materials purchased by student approx $50

**Essentials of Soap Making—Cold Process Soap**
- **Nov 4** Mon 6:30–8:30pm 1 session
  - Renee MPL–Main $35
  - materials purchased by student approx $25 due upon registration

**Watercolors: Still Life**
- **Oct 17 – Nov 21** Thu 10am-12pm 6 sessions
  - Heidi Sandecki Congregation Shomrei Emunah $135
  - materials purchased by student approx $90

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**Registration closes 72 hours before the start time.**

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**Watercolors: Still Life**
- **Oct 17 – Nov 21** Thu 10am-12pm 6 sessions
  - Heidi Sandecki Congregation Shomrei Emunah $135
  - materials purchased by student approx $90

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To Register: 973-744-0500 x2224 • www.adultschool.org
EVENTS AT THE LIBRARY
All events are held in the Auditorium and are free and open to the public. All ages welcome. Registration requested where links are provided.

Paul Robeson: A Chautauqua
Sep 4  Wed 6pm  1 session
Singer, Actor, Athlete, Scholar, Social Activist, Paul Robeson (1898-1976) was all of these things and a man of deep conviction and extraordinary complexity. This Chautauqua or "living history," presented by Marvin Jefferson, will cover Robeson's remarkable life. Registration required. montclairlibrary.org/paulrobeson

Flamenco Para Los Niños
Sep 22  Sun 2pm  1 session
Admission Nation of Montclair returns with their riveting presentation of Spain's ancient music and dance form known as Flamenco. With its colorful costumes and passionate sounds, this singular cultural program is expressly designed for children and their families. montclairlibrary.org/flamencoclass

Peter Biedermann
Sep 25  Wed 6:30pm  1 session
Peter is a solo instrumental guitarist who has been composing and performing for over 40 years. The common thread throughout his musical background is crossing the boundaries of music genres. montclairlibrary.org/biedermann

Florian Schantz Jazz Combo: Oktoberfest
Sep 28  Sat 3pm  1 session
The Florian Schantz Jazz Combo returns to celebrate Oktoberfest! Enjoy European and American waltzes, polkas, marches and other German “Schlager” (hits). This program will include educational narrative as well as plenty of music. montclairlibrary.org-oktoberfest

BOOKS, FILM & THEATER

*Book Discussion*
Sep 18-Dec 11  Wed 2-3:30pm  7 sessions
Theodora McKee MPL–Main  $49
Class meets every other week

Film Club
Sep 18-Dec 18  Wed 7-8:30pm  7 sessions
Margot Cochran Congregation Shomrei Emunah  $109
Shomrei Emunah
Class meets every other week, Sep 18, Oct 2, 16, 30, Nov 4, 20, Dec 11

Heroes and Lovers: Gay and Other Love Poetry in the World War I and Interwar Years NEW
Oct 22-Oct 29  Tue 7-8:30pm  2 sessions
Jerise Fogel MPL–Bellevue Branch  $39

What Makes the Beatles So 'FAB'? NEW
Nov 5-Dec 3  Tue 7-9pm  5 sessions
Geoffrey Owens MPL–Bellevue Branch  $109

Rock & Roll—From Blues to the British Invasion NEW
Oct 3-Oct 17  Thu 7-8:30pm  3 sessions
Paul Groom MPL–Main  $60

French Composers NEW
Sep 26  Thu 10:30am-12:30pm  1 session
Eugene Lieber MPL–Main  $20

Gershwin: Musical Genius NEW
Nov 5-Nov 26  Tue 10:30am-12pm  4 sessions
Eric Diamond Congregation Shomrei Emunah  $85

The ABCs of Opera NEW
Oct 3  Thu 1-3pm  1 session
Peter Cancro MPL–Main  $35

Opera Legends, Iconic Pairs: Callas/DeStefano & Sills/Tucker NEW
Oct 17-Oct 24  Thu 1-3pm  2 sessions
Peter Cancro MPL–Main  $39

Intro to Mandolin NEW
Oct 24-Nov 21  Thu 7-8:15pm  5 sessions
Mark Sample Congregation Shomrei Emunah  $89
text purchased by student approx $48
Bring your mandolin to class

Joy of Singing!
Sep 23-Nov 18  Mon 6:30-8:30pm  8 sessions
Patrizia Giotti Congregation Shomrei Emunah  $199
text purchased by student approx $11

MUSIC

HOME & GARDEN

All About Hydrangeas NEW
Sep 18  Wed 7-8:30pm  1 session
Dennis Hillerud MPL–Bellevue Branch  $35

Fall is for Planting! NEW
Sep 23  Mon 7-8:30pm  1 session
Dennis Hillerud MPL–Main  $35

End of Season Cleanup Time NEW
Oct 30  Wed 7-8:30pm  1 session
Dennis Hillerud MPL–Bellevue Branch  $35

Staging Your Home
Oct 23  Wed 7-8:30pm  1 session
Suzy Kass MPL–Main  $35

BOOKS, FILM & THEATER

American Sign Language: Beginners
Sep 23-Nov 18  Mon 5:30-6:30pm  8 sessions
Belle Hsu MPL–Main  $119
No class Sep 30

American Sign Language: Intermediate
Sep 23-Nov 18  Mon 6:30-7:30pm  8 sessions
Belle Hsu MPL–Main  $119
No class Sep 30
Prerequisite: Completion of Beginners class

An Introduction to English Etymology NEW
Nov 7-Nov 21  Thu 10:30am-12pm  3 sessions
Jerise Fogel MPL–Main  $59

Practical French 1A
Sep 18-Oct 30  Wed 7-8:15pm  6 sessions
Sayedah Garrett MPL–Main  $89
No class Oct 9
Prerequisite: Practical French 1A or equivalent

Practical French 1B
Oct 6-Dec 11  Wed 7-8:15pm  5 sessions
Sayedah Garrett MPL–Main  $89
No class Nov 27
Prerequisite: Practical French 1A or 1B or equivalent

French 2
Oct 7-Nov 25  Mon 5-6pm  8 sessions
Susan Ghirardelli MPL–Main  $119
text purchased by student approx $30
Prerequisite: Practical French 1A & 1B or equivalent

French 3
Oct 15-Dec 3  Tue 4-5pm  8 sessions
Susan Ghirardelli MPL–Main  $119
Prerequisite: French 2 or equivalent

La France... en francs!!!
Oct 7-Nov 25  Mon 1:30-3:30pm  8 sessions
Pierre Fabian MPL–Main  $199
Prerequisite: Students must be fluent in French

Italian for Travelers
Sep 16-Oct 28  Mon 8-9pm  6 sessions
Kristine Massari MPL–Bellevue Branch  $89
No class Sep 30
Prerequisite: Italian for Travelers or equivalent

Italian for Travelers 2: Essentials of Culture and Conversation
Sep 18-Oct 30  Wed 5:15-6:15pm  6 sessions
Kristine Massari MPL–Main  $89
No class Oct 9
Prerequisite: Italian for Travelers or equivalent

Practical Spanish 1
Sep 16-Oct 28  Mon 7-8pm  6 sessions
Marielle Courtois MPL–Bellevue Branch  $89
text purchased by student approx $20

Practical Spanish 2
Nov 4-Dec 9  Mon 7-8pm  6 sessions
Marielle Courtois MPL–Bellevue Branch  $89
text purchased by student approx $20
Prerequisite: Practical Spanish 1

Practical Spanish 3: Basic Conversation
Sep 16-Oct 28  Mon 8-9pm  6 sessions
Marielle Courtois MPL–Bellevue Branch  $89
No class Sep 30
Prerequisite: Practical Spanish 2

Spanish Conversation—Advanced
Oct 15-Dec 3  Tue 7-8pm  8 sessions
Miguel Tejuel MPL–Main  $119
Prerequisite: Students must be near fluent in Spanish

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**BUSINESS**

How to Build and Maximize Customer Contacts/Email Lists to Engage Clients and Customers NEW

- **Oct 3** Thu 6:30–8:30pm 1 session
  - John Tully
  - Cornerstone Montclair $35

- **Oct 10** Mon 7–9pm 1 session
  - John Tully
  - Cornerstone Montclair $35

**Low Cost and No Cost Marketing Solutions**

- **Oct 17** Thu 6:30–8:30pm 1 session
  - John Tully
  - Cornerstone Montclair $35

**10 Tips for Social Media Domination!**

- **Nov 7** Thu 6:30–8:30pm 1 session
  - John Tully
  - Cornerstone Montclair $35

**FINANCE / RETIREMENT**

Mastering 401Ks and Employer Investment Account Strategies NEW

- **Nov 11** Mon 7–8:30pm 1 session
  - Hyun Berkley
  - MPL-Main $35

Organizing Your Legal & Financial Papers

- **Oct 14** Mon 7–8:30pm 1 session
  - Judith Luty
  - MPL-Main $35

Savvy Social Security Planning for Boomers

- **Oct 16** Wed 7–9pm 1 session
  - Eleanor Galt-Lin
  - MPL-Main $35

What Baby Boomers Need to Know About Medicare

- **Nov 14** Thu 7–9pm 1 session
  - Eleanor Galt-Lin
  - MPL-Main $35

**COMPUTERS & TECHNOLOGY**

Microsoft Excel 2016: Level 1

- **Oct 15–Oct 29** Tue 6:30–8:30pm 3 sessions
  - Becky Patali
  - MPL-Bellevue Branch $110

Microsoft Excel 2016: Level 2

- **Nov 5–Nov 19** Thu 6:30–8:30pm 3 sessions
  - Becky Patali
  - MPL-Bellevue Branch $110

Microsoft Excel 2016: Functions & Data Manipulation

- **Oct 15–Oct 29** Thu 6:30–8:30pm 2 sessions
  - Sue Brogan
  - MPL-Bellevue Branch $79

Microsoft Excel 2016: Pivot Tables

- **Nov 7** Thu 6:30–8:30pm 1 session
  - Sue Brogan
  - MPL-Bellevue Branch $39

Microsoft PowerPoint 2016: An Introduction

- **Oct 17–Oct 31** Thu 6:30–8:30pm 3 sessions
  - Becky Patali
  - MPL-Bellevue Branch $119

Microsoft Word 2016: Level 1

- **Sep 28–Oct 2** Wed 6:30–8:30pm 3 sessions
  - Anthony Keys
  - MPL-Bellevue Branch $119

Microsoft Word 2016: Level 2

- **Oct 16–Oct 30** Wed 6:30–8:30pm 3 sessions
  - Anthony Keys
  - MPL-Bellevue Branch $119

QuickBooks for Beginners

- **Nov 6–Dec 4** Wed 6:30–8:30pm 4 sessions
  - Christopher
  - MPL-Bellevue Branch $179

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**LECTURES/HISTORY & CULTURE**

**SCIENCE FOR EVERYONE**

An Introduction to Einstein’s Theories of Relativity NEW

- **Sep 17–Sep 24** Tue 7–8:30pm 2 sessions
  - Larry Stead
  - MPL-Main no fee

Measuring Our Universe NEW

- **Dec 3** Thu 7–8:30pm 1 session
  - Jo Dunkley
  - MPL-Main no fee

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NPS Park Ranger Talk: Happy 100th Birthday Grand Canyon National Park NEW

- **Oct 16** Wed 7–9pm 1 session
  - Karen Sloot-Olsen
  - MPL-Main no fee

Betye Saar and the Black Arts Movement NEW

- **Oct 14** Mon 7–9pm 1 session
  - Onnie Strother
  - MPL-Main $20

A History of Religion in America

- **Nov 20** Thu 7–9pm 1 session
  - Eugene Lieber
  - MPL-Main $20

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Microsoft Excel 2016: Level 1

- **Oct 15–Oct 29** Tue 6:30–8:30pm 3 sessions
  - Becky Patali
  - MPL-Bellevue Branch $110

Microsoft Excel 2016: Level 2

- **Nov 5–Nov 19** Thu 6:30–8:30pm 3 sessions
  - Becky Patali
  - MPL-Bellevue Branch $110

Microsoft Excel 2016: Functions & Data Manipulation

- **Oct 15–Oct 29** Thu 6:30–8:30pm 2 sessions
  - Sue Brogan
  - MPL-Bellevue Branch $79

Microsoft Excel 2016: Pivot Tables

- **Nov 7** Thu 6:30–8:30pm 1 session
  - Sue Brogan
  - MPL-Bellevue Branch $39

Microsoft PowerPoint 2016: An Introduction

- **Oct 17–Oct 31** Thu 6:30–8:30pm 3 sessions
  - Becky Patali
  - MPL-Bellevue Branch $119

Microsoft Word 2016: Level 1

- **Sep 28–Oct 2** Wed 6:30–8:30pm 3 sessions
  - Anthony Keys
  - MPL-Bellevue Branch $119

Microsoft Word 2016: Level 2

- **Oct 16–Oct 30** Wed 6:30–8:30pm 3 sessions
  - Anthony Keys
  - MPL-Bellevue Branch $119

QuickBooks for Beginners

- **Nov 6–Dec 4** Wed 6:30–8:30pm 4 sessions
  - Christopher
  - MPL-Bellevue Branch $179

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A History of Sub Saharan Africa

- **Dec 6** Fri 10:30am–12:30pm 1 session
  - Eugene Lieber
  - MPL-Main $20

Blues Queens of the 1920s NEW

- **Oct 23** Wed 7–8:30pm 1 session
  - Elizabeth Sorles
  - MPL-Main $20

Chaim Soutine: Painting Emotion NEW

- **Dec 10** Thu 7–9pm 1 session
  - Jane Betty
  - MPL-Main $20

The Civil War Era & Reconstruction

- **Oct 29** Thu 7–9pm 1 session
  - Eugene Lieber
  - MPL-Main $20

Emotion and Freedom: German Expressionist Art NEW

- **Sep 18** Wed 7–9pm 1 session
  - Anne Betty
  - MPL-Main $20

Weinshenker

Ending Puerto Rico's Perpetual Crisis NEW

- **Nov 6** Wed 7–8:30pm 1 session
  - Pierre Fabian
  - MPL-Main $20

French Composers NEW

- **Sep 26** Thu 10:30am–12:30pm 1 session
  - Eugene Lieber
  - MPL-Main $20

Japonisme: The “Art of the Floating World” Captivates the West NEW

- **Nov 14** Thu 7–9pm 1 session
  - Janet Mandel
  - MPL-Main $20

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**MONTCALM STATE UNIVERSITY**

Montclair State University is pleased to share its faculty expertise and research advancements with our neighbors through the Adult School Department of the Montclair Public Library.

**Are We Doomed? Population Growth, Resources and Development NEW**

- **Oct 10** Thu 7–8:30pm 1 session
  - Sangeeta Parashar
  - MPL-Main no fee

**Plea Bargaining & the Problem of Innocence NEW**

- **Nov 4** Mon 7–8:30pm 1 session
  - Tarika
  - MPL-Main no fee

**CAREER DEVELOPMENT**

Job Search Strategies for the 21st Century

- **Nov 20** Wed 6:30–8:30pm 1 session
  - Jennifer Rodgers
  - MPL-Main $35

Linkedin and Your Career

- **Oct 16** Wed 6:30–8:30pm 1 session
  - Jennifer Rodgers
  - MPL-Main $35

**Tools to Create A Dynamic Resume**

- **Sep 25** Wed 6:30–8:30pm 1 session
  - Jennifer Rodgers
  - MPL-Main $35

Using Your Strengths to Find a New Career

- **Nov 4–Nov 18** Mon 7–9pm 3 sessions
  - Laurel Bernstein
  - MPL-Main $79

**What Else Can I Do? How to Look Beyond Your Current Job NEW**

- **Oct 15** Thu 7–9pm 1 session
  - Laurel Bernstein
  - MPL-Bellevue Branch $35

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**Online Classes with Ed2Go**

Professional Development Classes

www.ed2go.com/montclair

Career & Certificate Training Program with voucher for final testing

careertraining.ed2go.com/asm

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**Classes held at either branch of the Montclair Public Library are in blue and are 50% off tuition to Montclair residents.**
**PERSONAL GROWTH**

**Astrology, An Introduction**
- Sep 18–Oct 16  Wed 7–9pm  4 sessions
- Stefanie Black  MPL–Bellevue Branch  $79
- No class Oct 9

**Astrology, Intermediate**
- Oct 23–Nov 13  Wed 7–9pm  4 sessions
- Stefanie Black  MPL–Bellevue Branch  $79
- Prerequisite: Astrology, An Introduction

- **How to Manage Stress and Anxiety** NEW
  - Sep 25  Wed 10:30am-12:30pm  1 session
  - Diane Lang  MPL–Main  $35
- **Don’t Take It Personally:** Proactive vs Reactive NEW
  - Oct 16  Wed 10:30am-12:30pm  1 session
  - Diane Lang  MPL–Main  $35

**Four Part Harmony:**
- **A Workshop For Women** NEW
  - Oct 30  Wed 7-8:30pm  1 session
  - Sandra Lewis  MPL–Main  $35
- **Stop Beating Yourself Up and Take Action** NEW
  - Dec 3  Tue 10:30am-12:30pm  1 session
  - Diane Lang  MPL–Main  $35

**WRITING**

**Once Upon a Time: Rewriting Fairytales** NEW
- Nov 7  Thu 7–9pm  1 session
- Valerie Block  MPL–Main  $35

**Poetry Writing Workshop**
- Oct 29–Nov 26  Wed 7:30–9pm  5 sessions
- Laura Boss  Congregation  $99
- Shomrei Emunah

- **Writing Great Dialogue & Scenes** NEW
  - Sep 18–Oct 2  Wed 1–3pm  3 sessions
  - Marian Calabro  MPL–Main  $85

**Writing Method & Motivation**
- Sep 26–Oct 24  Thu 7–8:30pm  5 sessions
- Valerie Block  MPL–Main  $99
- No class Oct 9, Nov 27

**DANCE**

- **Jazz Tap**
  - Sep 18–Dec 4  Wed 11am-12pm  10 sessions
  - Lorrain Salerno  First Lutheran Church  $159
- **R&B Line Dancing**
  - Oct 15–Dec 3  Tue 6–7pm  8 sessions
  - Rosita Dotson  First Lutheran Church  $119

**FITNESS**

**Indoor Rowing**
- Oct 30–Dec 11  Wed 7–8pm  6 sessions
- Lorna Rundle  Montclair High School  $129
- No class Nov 27

- **Chair Exercises**
  - Sep 18–Dec 4  Wed 10–11am  10 sessions
  - Lorrain Salerno  First Lutheran Church  $159
  - No class Oct 9, Nov 27

**Stretch, Resistance & Light Cardio**
- Sep 18–Dec 4  Wed 7–8pm  10 sessions
- Lorrain Salerno  First Lutheran Church  $159

**Qigong**
- Sep 16–Dec 9  Mon 11:15am–12:15pm  12 sessions
- Miriam Shankman  St. James Episcopal Church  $179
- No class Sep 30

**YOGA**

- **Bikram Yoga** NEW
  - Oct 15–Nov 19  Wed 12–1:15pm  6 sessions
  - Tina Pozzan  Juniper Yoga & Fitness  $109

**Mindful Slow Vinyasa Flow Yoga** NEW
- Oct 2–Nov 15  Wed 7:30–8:30pm  6 sessions
- René Lawless  No class Oct 9  $109

- **Restorative Yoga**
  - Oct 6–Nov 10  Sun 4–5pm  6 sessions
  - Camille Alonso  Verona Yoga  $109

- **Yin Yoga** NEW
  - Oct 17–Nov 21  Thu 11:30–12:30pm  6 sessions
  - Kate Celesta–Corallo  Juniper Yoga & Fitness  $109

**TRIPS & OUTINGS**

- **The Whitney and High Line**
  - Sep 25  Wed 9am-5pm  1 session
  - The Walnut Parking Plaza – Ice Rink Area  $119
  - Registration closes Sep 15

- **Dinner at La Mezzaluna & Harlem 100** at Princeton’s McCarter Theater NEW
  - Nov 6  Wed 5:30–10pm  1 session
  - The Walnut Parking Plaza–Ice Rink Area  $139
  - Registration closes Nov 3
  - Dinner Included

- **Winterthur: Costuming The Crown exhibit and Yuletide tour**
  - Dec 4  Wed 7:30am–6:30pm  1 session
  - The Walnut Parking Plaza–Ice Rink Area  $119
  - Registration closes Nov 21

**GAMES & RECREATION**

**Beginner Mah Jongg**
- Sep 20–Oct 11  Fri 10:30am-12:30pm  4 sessions
- Elisa Hirsch  MPL–Main  $109
- No class Oct 3

**Stop Beating Yourself Up and Take Action**
- Sep 19–Nov 21  Thu 11am–12pm  9 sessions
- Jessica Morris  MPL–Main  $149
- No class Oct 3

**TRIPS & OUTINGS**

**Once Upon a Time: Rewriting Fairytales**
- Nov 7  Thu 7–9pm  1 session
- Valerie Block  MPL–Main  $35

**Poetry Writing Workshop**
- Oct 29–Nov 26  Wed 7:30–9pm  5 sessions
- Laura Boss  Congregation  $99
- Shomrei Emunah

**Writing Great Dialogue & Scenes** NEW
- Sep 18–Oct 2  Wed 1–3pm  3 sessions
- Marian Calabro  MPL–Main  $85

**Writing Method & Motivation**
- Sep 26–Oct 24  Thu 7–8:30pm  5 sessions
- Valerie Block  MPL–Main  $99
- No class Oct 9, Nov 27

**Jazz Tap**
- Sep 18–Dec 4  Wed 11am-12pm  10 sessions
- Lorrain Salerno  First Lutheran Church  $159

**R&B Line Dancing**
- Oct 15–Dec 3  Tue 6–7pm  8 sessions
- Rosita Dotson  First Lutheran Church  $119

**Indoor Rowing**
- Oct 30–Dec 11  Wed 7–8pm  6 sessions
- Lorna Rundle  Montclair High School  $129
- No class Nov 27

**Chair Exercises**
- Sep 18–Dec 4  Wed 10–11am  10 sessions
- Lorrain Salerno  First Lutheran Church  $159
- No class Oct 9, Nov 27

**Stretch, Resistance & Light Cardio**
- Sep 18–Dec 4  Wed 7–8pm  10 sessions
- Lorrain Salerno  First Lutheran Church  $159

**Qigong**
- Sep 16–Dec 9  Mon 11:15am–12:15pm  12 sessions
- Miriam Shankman  St. James Episcopal Church  $179
- No class Sep 30

**Bikram Yoga** NEW
- Oct 15–Nov 19  Wed 12–1:15pm  6 sessions
- Tina Pozzan  Juniper Yoga & Fitness  $109

**Mindful Slow Vinyasa Flow Yoga** NEW
- Oct 2–Nov 15  Wed 7:30–8:30pm  6 sessions
- René Lawless  No class Oct 9  $109

**Restorative Yoga**
- Oct 6–Nov 10  Sun 4–5pm  6 sessions
- Camille Alonso  Verona Yoga  $109

**Yin Yoga** NEW
- Oct 17–Nov 21  Thu 11:30–12:30pm  6 sessions
- Kate Celesta–Corallo  Juniper Yoga & Fitness  $109

**Yoga for Older Adults–Basics**
- Oct 8–Dec 10  Wed 11:15am–12:30pm  9 sessions
- Jean Lyons  Cornerstone Montclair  $165
- No class Nov 26

**Yoga for Older Adults–Continuing**
- Sep 18–Dec 11  Wed 10:15am–12:15pm  10 sessions
- Jean Lyons  Cornerstone Montclair  $185
- No class Oct 2, Oct 9, Nov 27

**Yoga Absolute Beginner Workshop**
- Oct 5–Nov 9  Sat 11:45am–12:45pm  6 sessions
- Ellen Piserchio  Verona Yoga  $109

**Yoga: Hatha**
- Sep 17–Nov 26  Tue 9:30–10:45am  10 sessions
- Roseann Shaiman  Unitarian Universalist Congregation  $109

All students high school age and above are welcome at the Adult School. Montclair residents are entitled to a 50% discount on all tuition for classes held in either branch of the library. New students should make up an online profile and call the office for verification and resident status added to your account.

**REFUND POLICY:** If the Adult School has to cancel a class, you will receive a refund of the full class fee. If you need to withdraw from a class, you must notify us at least one week before the class starts and two weeks before a trip. You will receive a refund of the class fee less an administrative fee of $10. Refunds are made using the original method of payment.

If you do not provide us with one week (trips two weeks) advance notice, you will not receive a refund. The Adult School reserves the right to change class locations, schedules, and instructors when necessary.

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